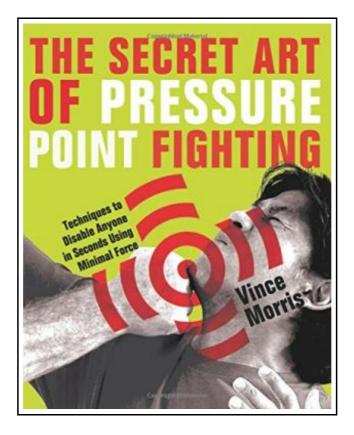
## The Secret Art of Pressure Point Fighting: Techniques to Disable Anyone in Seconds Using Minimal Force



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#### Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

## THE SECRET ART OF PRESSURE POINT FIGHTING: TECHNIQUES TO DISABLE ANYONE IN SECONDS USING MINIMAL FORCE



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Ulysses Press. Paperback. Book Condition: new. BRAND NEW, The Secret Art of Pressure Point Fighting: Techniques to Disable Anyone in Seconds Using Minimal Force, Vince Morris, TARGET YOUR OPPONENT'S VITAL POINTS TO DISABLE ANYONE USING MINIMAL FORCE -Over 300 step-by-step photos show each point and strike-Written by a 9th - Dan Master and renowned expert on pressure point fighting Martial arts lore tells of masters who possessed a mysterious ability to defeat an opponent with a single perfectly placed blow. "The Secret Art of Pressure Point Fighting" transforms the ancient legend into a modern reality--an anatomically based fighting and self-defense system that allows a smaller defender to defeat a larger attacker by striking at the key points on his body. Straightforward and easy to understand, "The Secret Art of Pressure Point Fighting" provides a complete overview of the body's vulnerable points and teaches how to stop an attacker as quickly as possible using a minimal amount of physical strength.

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