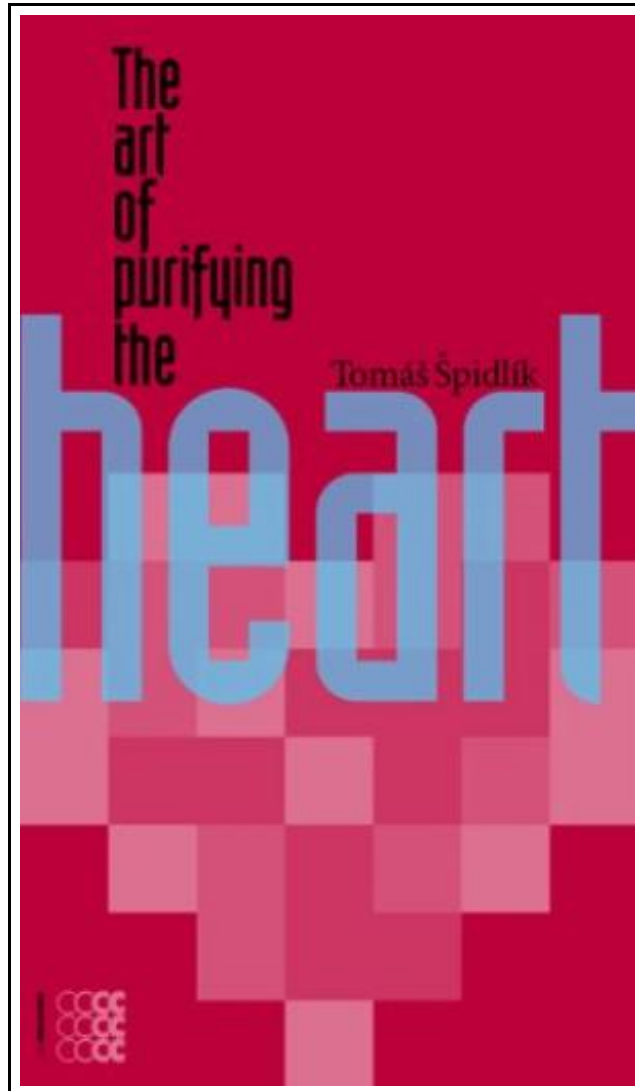


## The Art of Purifying the Heart



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## THE ART OF PURIFYING THE HEART



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Convivium Press. Paperback. Book Condition: new. BRAND NEW, The Art of Purifying the Heart, Tomas Spidlik, We live in a technical society and we are used to thinking that everything that happens has an external cause, every movement an impetus from another force. The positivist psychologists have taught us that a child's soul is a tabula rasa, in which we will find only what other people will write there. Therefore society tries to indoctrinate us, in the good and bad senses of the word. Therefore, the human person is used to listening only to others, no longer pays attention to the inspirations of the heart, which come from the Spirit. It is a privilege of artists to have inspirations, but not exclusively. In the spiritual life everyone must be an artist and construct their own life under the guidance of the supreme Artist. As Saint Ignatius of Loyola said: 'It is not the richness of science which satisfies the soul, but feeling and tasting things from within'. This book deals with Prayer and Spiritual life, with the experience of Grace and Goodness, through discernment of evil and human passions in everyday experience. It is a beautiful and simple proposal to construct our spiritual life through Discernment and Prayer of the Heart.



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